



Canadian Institutes
of Health Research

Instituts de recherche
en santé du Canada

Canada

CIHR CAFÉ SCIENTIFIQUE
PRESENTS

Science on tap

Quench your interest

August 6, 2008 from 1:00pm-3:30pm

Silver Harbour Centre

144 East 22nd St
North Vancouver, BC

Active Living for Older Adults: Promoting Healthy Brains

To keep up with your everyday tasks, you need to be fit – not only physically, but mentally too! Find out how exercising your body will not only keep your body in shape, but your brain as well. Come and learn about brain health issues of specific concern for older adults, such as cognitive impairment, dementia, Alzheimer's disease and the role of exercise in treatment and prevention.

We will encourage your participation in this interactive event. Share your knowledge and experiences and have some of your questions addressed by our expert panel of researchers and physicians.

Come prepared to MOVE! Refreshments will be served.
To register email bcnar@sfu.ca or call 778.782.7972

EXPERTS

Teresa Liu-Ambrose, PT, PhD
Assistant Professor
Dept. of Physical Therapy, UBC
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Dr. Phillip Lee, MD, FRCPC, FACP
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Dr. Janet McElhaney, MD, FRCPC, FACP
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Lara Boyd, PT, PhD
Assistant Professor
Dept. of Physical Therapy, UBC
Canada Research Chair, Neurobiology of Motor Learning

MODERATOR

Dr. B. Lynn Beattie, MD, FRCPC
Professor Emeritus, UBC
Scientific Director, CHAP
Co-Leader, BCNAR

